

STEPHEN D. SIMONICH, M.D.

EDUCATION

Sports Medicine Fellowship

Southern California Orthopedic Institute; Van Nuys, California
August 2001 - August 2002

Orthopaedic Residency

The University of Florida, Shands Hospital; Gainesville, Florida
July 1997 - June 2001

Internship & Residency - General Surgery

The University of Florida, Shands Hospital; Gainesville, Florida
July 1995 - June 1997

Doctor of Medicine

The University of Texas Medical Branch; Galveston, Texas
Graduated with Honors
August 1991 - May 1995

Bachelor of Science

The University of Notre Dame; Notre Dame, Indiana
Major in Biology; Minor in Theology
August 1987 - May 1991

HONORS AND AWARDS

Alpha Omega Alpha - elected UTMB, September 1994

First Place- Ortho Bowl - Florida Orthopedic Society Meeting, May 2001

Dean's List - University of Texas Medical Branch, 1991-1995

Honors- Surgery Clerkship - UTMB, Spring 1994

Honors- Psychiatry Clerkship - UTMB, Fall 1993

Who's Who Among Students In American Universities & Colleges - UTMB

Dean's List - University of Notre Dame, 1988-1990

HNWMC Scholarship - 1987-1991

EMPLOYMENT

Orthopedic Surgeon- Texas Orthopaedics & Sports Medicine; Houston, Texas
Sports Medicine and general orthopedic surgery. Member in 5 person group
practice servicing North Houston, Tomball, and the Woodlands.
December 2005 – present

Orthopedic Surgeon- Tampa Bay Orthopedic Specialists; St. Petersburg, Florida
Sports Medicine and General orthopedic surgery. Member in a 7 person group practicing at 3 locations throughout Pinellas County. Main location houses a 35,000-sq. ft. facility with MRI, PT, and a surgery center.
September 2002 – October 2005

Examiner- VA Medical Center; Gainesville, Florida
Performed orthopaedic compensation and pension exams.
1998-2001

Extern- Clear Lake Regional Medical Center; Clear Lake, Texas
Gathered and dictated history and physical exam information.
June 1993-1995; **Chief Extern**, 1994-1995

Resident Assistant- Morrissey Manor, University of Notre Dame
Team member of a staff responsible for undergraduates in the dorm.
August 1990-May 1991

Swim Coach- Raveneaux Country Club; Spring, Texas
Coached swim teams of over 100 members, ranging in age from 4 to 18 years old, to two division championships. Provided daily workouts and instructed swimmers during stroke clinics.
Summers: 1988-1990

VOLUNTEER EXPERIENCE

Head Team Physician- St. Petersburg College; St. Petersburg, Florida
Team physician responsible for sports coverage and sports physicals.
May 2003-October 2005

Head Team Physician- Clearwater Christian College; Clearwater, Florida
Team physician responsible for sports coverage and sports physicals.
May 2003-October 2005

Assistant Team Physician- Eckard College; St. Petersburg, Florida
Team physician responsible for sports coverage and sports physicals.
September 2002-October 2005

Team Physician- Pinellas Park High School; Pinellas Park, Florida
Team physician responsible for sports coverage and sports physicals.
May 2003-July 2004

Team Physician- Multiple high school, college, and pro sports; Los Angeles, CA
Acted as physician for various sporting events throughout the Los Angeles area as a sports medicine fellow.
2001-2002

Team Physician- Eastside High School; Gainesville, Florida
Acted as team physician by attending home football games and some practices. Also, participated in preseason physicals for all sports.
1997-1999

Course Assistant- Clinical Musculoskeletal Pathology Seminar; Marineland, Florida
Assisted William Enneking, MD during instruction of this two-week course.
November 1998

Student Volunteer- Saint Vincent's House; Galveston, Texas
Evaluated patients and presented pertinent information to attending
physicians. Formulated and executed therapeutic plans.
June 1994-May 1995

Course Instructor- Introduction to Patient Evaluation, UTMB; Galveston, Texas
Educated freshman medical students about the principles of history
taking and physical examination.
September 1994-May 1995

Emergency Medical Technician- Houston Northwest EMS; Spring, Texas
Participated as an active member of an EMS team evaluating and stabilizing
emergency patients during both ambulance and emergency room shifts.
Texas Certification: August 1989-August 1993

PUBLICATIONS

Posterolateral Corner Hamstring Figure-Eight Reconstruction

Simonich SD, Friedman MJ

Book chapter outlining a surgical technique for figure-of-eight allograft reconstruction of the posterolateral structures of the knee with associated clinical pearls. *Sports Injuries of the Knee. Chapter 22, 142-147.* Thieme Medical Publishers, Inc. New York, 2006.

Sports Injuries of the Upper Extremity

Simonich SD, Canizares GC, Falkenstein N, Weiss S

Book chapter of questions and discussion answers regarding rehabilitation for sports injuries to the upper extremity. *Hand Rehabilitation 2nd Ed. Chapter 12, 233-248.* Elsevier, Incorporated, 2005.

Terrible Triad of the Shoulder. Simonich SD, Wright TW. *Terrible Triad of the Shoulder.* Journal of Shoulder & Elbow Surgery, Nov/Dec 2003, Vol. 12, No. 6, 566-568.

MRI Evaluation of the Rotator Cuff, Acromioclavicular Joint and Bursa

Simonich SD, Applegate G

Book chapter detailing the important aspects of correlating clinical diagnoses with shoulder arthroscopy and MRI findings. *Shoulder Arthroscopy and MRI – Techniques. Chapter 16, 253-268.* Springer-Verlag New York, Incorporated, May 2003.

MRI in Shoulder Instability and SLAP Lesions

Simonich SD, Applegate G

Book chapter detailing the important aspects of correlating clinical diagnoses with shoulder arthroscopy and MRI findings. *Shoulder Arthroscopy and MRI – Techniques. Chapter 9, 131-144.* Springer-Verlag New York, Incorporated, May 2003.

Juvenile Tilleaux Fractures

Journal article reviewing long term results of patients treated with arthroscopically assisted reduction and fixation of juvenile Tilleaux fractures. The article also discusses the surgical technique.

Accepted by *Arthroscopy* for publication.

Presentation: Western Orthopaedic Association's 69th Annual Meeting
Waikoloa, Hawaii - July 2005

RESEARCH EXPERIENCE

Southern California Orthopedic Institute

Reviewed the long-term results of humerus fracture non-unions treated with plate fixation and ICBG.

Advisor- Donald Wiss, M.D.

Department of Orthopaedic Surgery, UTMB

A review of patients with osteomyelitis of the talus.

Presentation: The American Orthopaedic Foot and Ankle Society
Vail, Colorado - July 1995

Presentation: The Joint American Orthopaedic Foot and Ankle Society and British/European Foot and Ankle Society Meeting
Dublin, Ireland - August, 1995

Advisor- Rick Laughlin, M.D.

Department of Surgery, Division of Urology, UTMB

A case study involving unilateral, congenital absence of the vas deferens and a contralateral wolffian duct abnormality presenting with male factor infertility.

Advisor- Durwood E. Neal, Jr., M.D.

May 1995

University of Notre Dame

Tested selective pressures involving mosquitoes with community acquired LaCrosse encephalitis virus versus mosquitoes infected transovarially.

Advisor- George Craig, Ph.D.

August 1990-December 1990

ORGANIZATIONS

Fellow, American Academy of Orthopaedic Surgeons

Board of Directors, Member- PARC (Pinellas Association for Retarded Children),
June 2003 – October 2005

Texas Medical Association

Texas Orthopaedic Association

Florida Orthopaedic Society

American Medical Association- Member, 1991-present

UTMB Delegate, 1992-1993

UTMB Alternate Delegate, 1993-1994

Freshman Class President, UTMB, 1991-1992

Alpha Kappa Kappa Medical Fraternity- Member, 1991-1995

Officer, 1992-1993

STATE LICENSE / CERTIFICATIONS

ABOS (Board Certified, July 2004)
Texas
Florida
California

INTERESTS AND ACTIVITIES

Golf, Tennis, Basketball, Flag Football, Camping, Fly-fishing, and Snow and Water-skiing.

REFERENCES

Available upon request