

WHAT IS CLINICAL RESEARCH?

National Institutes of Health (NIH) defines Human Clinical Research as: (1) Patient-oriented research. Research conducted with human subjects (or on material of human origin such as tissues, specimens and cognitive phenomena) for which an investigator directly interacts with human subjects. Excluded from this definition are *in vitro* studies that utilize human tissues that cannot be linked to a living individual (**exempt**). (2) Epidemiologic and behavioral studies. (3) Outcomes research and health services research.