

INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)

IADL	INDEPENDENT	NEED HELP
1. TELEPHONE USE Two weeks prior to admission, did you need help using the telephone (e.g., looking up numbers or dialing)?	_____	_____
2. SHOPPING FOR GROCERIES Two weeks prior to admission, did you need help with shopping for groceries?	_____	_____
3. TRANSPORTATION Two weeks prior to admission, did you need help getting to places that required a car or public transportation (e.g., going to the grocery store, church)?	_____	_____
4. MEAL PREPARATION Two weeks prior to admission, did you need help preparing your own meals?	_____	_____
5. HOUSEWORK Two weeks prior to admission, did you need help doing your housework?	_____	_____
6. TAKING MEDICATIONS Two weeks prior to admission, did you need help taking your medication (e.g., to take them at the correct time or to sort the pills)?	_____	_____
7. HANDLING FINANCES Two weeks prior to admission, did you need help with your finances (e.g., handling money, paying bills, or balancing the checkbook)?	_____	_____

Reproduced from: Instrumental Activities of Daily Living (IADLs) in: Reuben DB et al: Geriatrics at Your Fingertips, 5thEd, 2003, p. 171