

# Resident speak



THE UNIVERSITY of TEXAS  
MEDICAL SCHOOL AT HOUSTON  
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## From the Residency Program:

- Did you get your flu shot yet? Don't forget! H1N1 vaccines are coming soon.
- Did you know that the med-peds residents have a new clinic? It's called Good Neighbor North—and you can refer your medicare/medicaid patients if they need follow up.
- When you are covering other people's patients—don't forget to leave a note in the chart to update the primary team.
- Interview season is starting! Please make our applicants feel welcome when you see them around.

## Do you know your residency council representatives?

- PGY1:
  - Lilit Sargsyan
  - Khaled Kalaf
  - Jessica Brown
  - Laura Lindsey
- PGY2:
  - Nashila Abdulrahim
  - Chris Morgan
  - Jorge Escobar
  - Katherine Willborn
- PGY3:
  - Saurabh Sanon
  - Kim Vernon
  - Sonal Gadicherla
- Med-Peds:
  - Chuck Hebenstreit
  - Jamie Causey

## LBJ: TALES FROM THE COUNTY

- The bed cap is back! After the first 10 patients, there must be a bed assigned before a patient can be accepted.
- Please notify the ER charge nurse whenever caps are reached (either the bed cap or the team cap)
- Did you know that the float cap has changed? The float can now admit up to 10 patients.
- Don't forget to give patients to family practice! The first 3 unassigned patients after 4AM should go to them.

## Quick Review—LBJ MIMU/MICU Admission Criteria

### MIMU:

#### Resp:

- RR>24 and O2Sat<85% on RA
- FiO2>40% facemask
- No accessory muscle use
- Trach >12 hours
- Q1 hour nebs ok

#### CV:

- R/O MI pts for 24 hrs
- Hemodynamically stable MI or dysrhythmia (HR>40 or <150 and asymptomatic)
- No continuous antiarrhythmic infusions except amiodarone

#### GI:

- GI bleed with minimal or-thostatic hypotension responding to IVF

#### Neuro:

- Established stable stroke req freq neuro monitoring
- Stable DTs, even on an ativan gtt

#### Metabolic:

- Resolved DKA (closed AG) req frequent subQ insulin
- Na>116 or <169 without neuro symptoms

- Stable thyrotoxicosis or hypothyroidism

- Drug ingestion req monitoring <q2h

#### Nursing:

- Labs or V/S >q3

### MICU:

#### Resp:

- Intubated/mechanical vent
- Impending resp failure
- RR>30 with accessory muscle use
- PCO2 >55
- O2Sat <85% and FiO2 >0.4

- Pulmonary care required more than q2h

- Trach within 12 hours

#### CV:

- MAP <60 or >110 or more than 30% change from baseline

- HR <60 or >140

- Continuous infusion of antiarrhythmic or vasopressors

#### Heme:

- Requires FFP or PRBCs >4 units/24hrs or platelets >12units/24hrs

#### GI:

- Active life-threatening GI bleed

#### Neuro:

- Uncontrolled seizures
- Neuro vitals more than q3h
- GCS <10

- Acute neuro or spinal cord deficit within 24 hrs

#### Metabolic:

- Continuous IV insulin
- FSBG <50 not responsive to glucose

- FSBG >400 on IV insulin with FSBG checks >q3

- Potassium <2.5 or >6 and rising with EKG changes

#### Nursing:

- Labs or V/S >q3

## MEMORIAL HERMANN

- If you haven't been at Hermann in a month—please go by security and have your call room key updated.
- Morning report and noon conference will be in MSB B.500 from now on.
- We now have a primary oncology service—see blackboard for details.

We're here if you have any concerns or constructive comments on rotations or the education provided by the program! Please get in touch with us if you have feedback. Our function is to represent the residents at monthly meetings with the chiefs and program directors, so please keep us informed!

## Upcoming events:

November Thanksgiving Holiday (UT Holiday on 11/26 and 11/27—floats come in at noon)

December Christmas/New Years