



March 2007



## 2007 UCSC Workshop: Is it a Circus Act?

David Ramsey

Like many folks, I often feel as if my life is a process of juggling - trying to keep all the balls flying through the air at once. Having a chance to step back and take stock, to see if all the balls *need* to be flying around, or if some can be set aside, can be a valuable thing.

The University Classified Staff Council plans to offer classified staff at the Health Science Center just such a respite. The 2007 Classified Staff Workshop is titled “**Juggling Work & Life - Is it a Circus Act?**”

The workshop will be held at the Hornburger Conference Center on April 20. It will begin at 7:45 AM with registration and a continental breakfast, continue through a banquet luncheon, and end at 4 PM with drawings for door prizes. The keynote speaker and clown, Rob Peck, is a veteran of over 20 years in show business, and now does motivational conferences like ours for a living. To quote his professional bio, “As a speaker, trainer or consultant, Rob Peck’s literal and figurative understanding of “juggling” has helped thousands of multi-tasking professionals rediscover a life-balance, which frees them to have less stress and more zest at work.... and at home.” It promises to be an interesting and rewarding day.



This year’s speaker is Rob Peck.  
Find out more about Rob at  
<http://www.uth.tmc.edu/ucsc/workshop/>

Reserving a place at the conference is easy. Check with your supervisor, then log on to <http://www.uth.tmc.edu/ucsc/> and fill in the information about yourself. Do it as soon as you can; this is a very popular activity every year, so the seats fill up fast.

In a spread-out campus such as ours, the times we can get together across institutional boundaries are important. There may be people we speak with on the phone we have never met in person. There may be others who used to be part of our daily circle who have changed jobs and we don’t see any more. Getting to attend the workshop with these people will certainly add a little depth to the friendships.

Most supervisors whose employees have attended in previous years have counted it a net plus to their department. Networking has been strengthened, morale is improved, and the employee returns with a fresh perspective. All these benefits are at no direct cost to the department.



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### STAR Awards

Lisa Byrd

Annually STAR Awards highlights our Service, Tradition, Achievement and Recognition on our service anniversaries. The STAR Awards event was originally created by the UCSC as a way to standardize employee recognition for the entire institution. Today the President’s Office, Human Resources and Institutional Advancement make the luncheon an annual success. This year’s event was well organized and served a spicy, but good, menu thanks to Rose Mary Betancourt-Trevino, Office of Institutional Advancement.

This year’s STAR Awards luncheon honored approximately 550 employees. This invitation-only event was held in February at the Marriott Hotel on Fannin St.

Nancy Shipley, Chair for the University Classified Staff Council, gave opening remarks. Dr. Brent King, Interim Executive Vice President & Chief Operating Officer, was on hand to speak, as well as Sherry Wilson, Director of the Employee Assistance Program.

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## Application for the Workshop

### 12<sup>th</sup> Annual University Classified Staff Workshop Friday, April 20, 2007 Registration Form

Registration is limited to **250** people. Once you have submitted this registration form, you will receive an invitation if you are eligible. If you have previously attended a UCSC Workshop, your name will be placed on a waiting list.

**Please remember to get permission from your supervisor before signing up for this workshop**

If you know someone who does not have access to a computer, please email Sheila.R.Donnell@uth.tmc.edu, and she will send them a paper invitation.

*Complete this form only if you **HAVE** NOT applied for the workshop online.*

OR

[www.uth.tmc.edu/ucsc](http://www.uth.tmc.edu/ucsc)

**Please PRINT your name as you would like it to appear on your name badge:**

Last Name: \_\_\_\_\_  
 First Name: \_\_\_\_\_  
 Title: \_\_\_\_\_  
 Inner-institutional Address (building and room): \_\_\_\_\_  
 Department: \_\_\_\_\_  
 Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Have you previously attended a UCSC Workshop: Yes  No   
 If yes, what year? \_\_\_\_\_

Please complete and mail to:  
**Sheila Donnell, MSB 3.228**

Registration Deadline:  
**April 3, 2007**

## News and Notice Request

### Like to write and want your voice heard?

Would you like to write an article for this newsletter? The Communications Subcommittee is accepting articles and artwork from classified employees for publishing. Please limit articles/poems to less than 300 words. The submission must be digitally signed or turned in on paper with a signature. Send ink or color (no pencil) drawings, poems or articles to Beth at UCT 780, attn UCSC Newsletter Committee, OR email them to us at: [ucsc@uth.tmc.edu](mailto:ucsc@uth.tmc.edu).

NOTE: These must be submissions of UTHSC-H classified employees. Items from family members and non-classified employees are not considered for publication.

### Awards Notice

Have you won an award at UT? Been recognized for a job well done? Are you celebrating a 25th or 50th anniversary of marriage. Let's all celebrate the accomplishments of Classified Employees!

In the next newsletter, we'd like to feature some special accomplishments. Send your name, the accomplishment, a contact number and your UT email address to [ucsc@uth.tmc.edu](mailto:ucsc@uth.tmc.edu).

## STAR Awards (continued from page 1)



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Dr. Paul E. Darlington, Associate Dean of the UT Graduate School of Biomedical Sciences at Houston, was awarded the Mike J. Jimenez Leadership in Action Award. Numerous members of his staff and colleagues around the campus nominated Dr. Darlington. He has been described as a “wonderful leader for 20 years”. He is the second to receive this award; the 2006 award went to Dr. Robert Emery.

The 20-member Graduate School of Biomedical Sciences Team received the first STAR Team Award. Their support and respect for each other was highlighted. They are also active in their efforts to provide work-life balance to every employee, and supporting educational pursuits outside of work including partial tuition opportunities.

Awards were announced by Mary Maher, Chief Human Resources Officer, and 30 and 35 year awards were handed out by Dr. King. One of the 35-year award recipients was Sandra Fishbeck, who referred to Dr. King as a former student. This really brought home the idea that we make a difference. You could actually see the continuity and importance in what we do. Sometimes we lose sight of the contribution we make just by doing our jobs.

As an attendee, I was impressed with the number of employees who were honored, as well as the manner in which they were honored. I thoroughly enjoyed the luncheon, and it was very uplifting to see the University’s appreciation and acknowledgement.

If you have not attended the STAR Awards, the next time you are invited, go. It will remind you that UT employees make a difference in this world and that can have the side benefit of renewing your spirit for your work. Not a bad way to spend your lunch hour.

## UCSC Representatives and Alternates

### Dental Branch

Tonya Alvis 713-500-4086  
Ronda Lowe 713-500-4241

### General Administration

Beth Ardoin Watson 713-500-3504  
Perry Ball 713-500-3502  
Diane Brooks 713-500-8457  
Pamela Butler 713-500-8059  
William Fetter 713-500-3136  
James Hightower 713-500-4717  
Sandra Marroquin 713-500-3048  
Tammy Merimon 713-741-3859  
LaVone Moore 713-500-4735  
Krysti Suarez 713-500-2241

### Graduate School of Biomedical Sciences

Jeannice Theriot 713-500-9878

### Harris County Psychiatric Center

Elizabeth Sanchez 713-741-3833

### Institute of Molecular Medicine

Ruby McFarland 713-500-2461

### LBJ Hospital

Norma Martinez 713-566-5095

### Medical School

Rodney Ball 713-500-5435  
Lisa Byrd 713-500-7508  
Sheila Donnell 713-500-5650  
Deborah Hernandez 713-500-5813  
Lakesia Johnson 713-500-5530  
Charles Lee 713-500-7360  
Theresa Leftely 713-500-5472  
Alison Miehl 713-500-6544  
Suzanne Paramore 713-500-5670  
Annette Roberts 713-500-7871  
Nancy Shipley 713-500-5984

### President's Appointee

John O'Black 713-500-4157

### School of Health Information Sciences

Terrance March 713-500-3628

### School of Nursing

JoAnn Mendoza 713-500-2106

### School of Public Health

Margaret Anderson 713-500-9129  
Llonda Collins 713-500-9150  
David Ramsey 713-500-9061

### Ex Officio Members

Dennie Clemons 713-500-2235  
Angel Hooper 713-500-9124  
Lakeitha Spates 713-500-5513

### Alternates

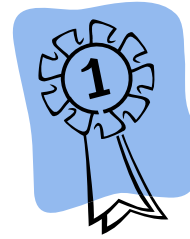
Christy Ankron  
Claire Breaux  
Ella Bremberry  
Victor Cavazos  
Annette Emanuel  
Allegra Johnson  
Alma Leal  
Cheryl Loudd

### Administration

Mary Maher  
Marsha Brody-Silva  
JT Rayburn  
Ted Pate

## Work / Life Snippet

Enjoy a prize winning treat



Susan Kirby's yummy Amaretto Cheesecake was the pie winner at the annual Founders Fun Fest. We erred in not announcing that, so we're really going to make this a sweet deal by providing you with her prize winning recipe.

### *Ingredients:*

#### Crust

1/4 cup + 2 tablespoon butter, melted  
1 ½ cups graham cracker crumbs  
2 tablespoons sugar  
1 teaspoon cinnamon

#### Cake

24 ounces cream cheese, softened  
(use the good stuff)  
1 cup sugar  
4 eggs

1/3 cup Amaretto

#### Topping

1 cup sour cream  
1 tablespoon sugar  
1/4 cup Amaretto

#### Garnish

1/4 cup slivered almonds, toasted  
grated semi sweet chocolate

## Amaretto Cheesecake *by Susan Kirby*

### Crust:

Mix well the melted butter, graham cracker crumbs, sugar and cinnamon. Press into bottom and ½ inch up sides of a spring form pan (I use a 9-inch pan).

### Cheese Cake:

Beat the cream cheese until very light and fluffy. Gradually mix in sugar. Add the eggs, 1 at a time, mixing well after each addition. Stir in the Amaretto. At this point, I sometimes add ½ tsp of almond extract to intensify the almond flavor. Pour into prepared pan. Bake at 375°F for 45 -50 minutes or until set.

### Topping:

Raise temperature to 450°F and pour topping on cheesecake. Bake an additional 5 minutes. Remove from oven and cool to room temperature, then refrigerate for at least 24 hours before garnishing.

### Garnish:

Finish it off with toasted slivered almonds and grated semi sweet chocolate.

*Enjoy!*

This newsletter brought to you by the UCSC Communications Subcommittee:  
Beth Ardoin Watson, chair, Terrance March, vice-chair, Lisa Byrd, David Ramsey, Krysti Suarez and Ella Bremberry.

**Nancy Shipley, Chairman**  
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**THE UNIVERSITY of TEXAS**  
**HEALTH SCIENCE CENTER AT HOUSTON**  
*University Classified Staff Council*