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A 40 minute presentation on heart disease prevention and risk factors

Learn how to reverse heart disease.

Join Stefano Sdringola, M.D., Professor of Medicine and Cardiologist from The University of Texas Medical School at Houston, to learn about a state-of-the-art comprehensive cardiac health study now underway. The Century Health Study seeks to prove that an aggressive preventative treatment plan of appropriate medication, diagnostic testing, and lifestyle improvements can reverse heart disease.

Dr. Sdringola is principal investigator and Weatherhead Distinguished University Chair at the UT Medical School at Houston. He is the recipient of the 2012 Gold's Award for Humanism in Medicine.

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